



# CLINICAL ASSISTANCE GUIDE

ASPIRE METROX FOLDING WHEELCHAIR

# Aspire MetroX Folding Wheelchair - Self Propelled

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The Aspire MetroX Folding Wheelchair is an ultra-lightweight, aluminium wheelchair with no removable parts, making folding and transport quick and easy.

The total wheelchair weight of 13kg and compact folded dimensions provide a portable wheelchair option that requires minimal space for transport and storage.

With a Safe working Load of 100kg, The MetroX is a great option for getting out and about.

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## FEATURES

- **Compact Folding:** No loose parts; Legrests remain attached to the chair to ensure essential components are not misplaced during transit
- **Generous Cushioning:** Plush padded mesh seat and backrest provide enhanced seating comfort
- **Ergonomic Design :** Easy and personalised legrest height adjustment
- **Flip-Up Armrests:** Simplifies transfers whilst improving access to tables and work surfaces
- **Essentials Pouch:** Stow small items neatly in the integrated backrest pouch
- **Mag Wheels:** Radiate style with premium 20" rear wheels with push rims
- **Independence:** Push rims and user operated brakes allow greater user independence and flexibility
- **Carer Confidence:** Equipped with attendant and user operated handbrakes for enhanced safety
- **Folded Dimensions:** 750 x 310 x 670 mm
- **Frame:** Aluminium
- **Colour:** Metallic Orange
- **SWL:** 100kg

## IDEAL USER CONDITIONS

The Aspire MetroX Folding Wheelchair would support frail older people and those with reduced endurance and mobility to continue to get out and about for appointments, shopping trips or social activities. Its light weight and compact frame with no removable parts also assists older and family carers to lift the wheelchair in and out of their car and to set up quickly for immediate use.

It is designed for users under 100kg in weight who can be comfortably seated in a fixed 450mm (18") wide x 400mm (16") deep wheelchair seat. It would suit time limited use (e.g., short duration or infrequent use) and is not adaptable to support users who require a higher level of pressure or postural support. As the leg rests do not swing away or are not removable, by design, users should be able to step around into the wheelchair or stand so that the wheelchair can be positioned behind them.

This wheelchair is not designed for the occupant to be transported whilst seated in the wheelchair. If this is required, ask our sales consultants about other wheelchair options.

## CLIENT OUTCOMES

### Assisted mobility within the home:

- Compact and lightweight wheelchair with tight turning circle is suitable to use within the home to support those with limited mobility and endurance
- Large rear wheels and the lightweight frame enable the user to self-propel or to be assisted to access areas of their home

### Assisted local community access:

- The folding wheelchair can be placed in the boot or back of a car for mobility support during community visits such as appointments, shopping trips or social outings
- 20" rear wheels improve comfort for outdoor paths

### Supported socialisation, health and wellbeing:

- Wheelchairs provide increased mobility and independence for the user and their carer, allowing them to take part in everyday activities, despite having reduced mobility
- A wheelchair can allow the user to continue to enjoy their favourite activities, whether that's a walk around the local park, visiting the local shops, catching up with friends or heading to a gallery. A wheelchair gives the user a more active lifestyle that may result in a more positive outlook on life

### Carer support:

- The light weight and compact frame with no removable parts make the MetroX manual wheelchair easier for older or family carers to fold and lift in and out of the car and set up for immediate use
- Attendant handgrips and larger wheels make it easier and more comfortable for the carer when pushing the wheelchair over longer distances, or for slopes or uneven terrain
- Attendant operated handbrakes enhance safety for the carer and wheelchair user

## SPECIFICATIONS

|                       |                 |
|-----------------------|-----------------|
| Overall Length        | 930mm           |
| Overall Width         | 650mm           |
| Overall Height        | 910mm           |
| Seat Depth            | 400mm           |
| Seat Width            | 450mm           |
| Seat Height           | 450mm           |
| Backrest Height       | 470mm           |
| Armrest Height        | 220mm           |
| Product Weight        | 13kg            |
| Rear Wheel            | 20"             |
| Folded Dimension (mm) | 750 x 310 x 670 |

## MAINTENANCE

### Care for Your Chair:

- The seat and backrest upholstery can be wiped with a wet sponge and a mild detergent
- All other components can be cleaned with a damp cloth
- Regularly check tyre condition and that the brakes are functioning properly

*Should you have any doubts about the correct functioning of the wheelchair or of any of its components, please contact AIDACARE on 1300 133 120 or your local Aspire distributor.*

### WARRANTY

- Frame: 2 years
- Components: 1 years

### COMPLIANCE

- AS/NZS 3695.1:2011

### USER MANUAL

- Aspire Metro X User Manual:  
<https://www.aidacare.com.au/globalassets/knowledge/resources-page/aspire/aspire-metro-wheelchairs-user-manual.pdf>

## SUPPORTING EVIDENCE

- No Supporting Evidence Available
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## LINKS

- No Links Available

## AIDACARE KNOWLEDGE HUB

### Aidacare Website Link:

- Aspire MetroX Folding Wheelchair - SP:  
<https://www.aidacare.com.au/products/wheelchairs/manual-wheelchairs/manual-folding-wheelchairs/aspire-metrox-folding-wheelchair---self-propelled/>

### PDF Library:

- Aspire Metro X User Manual:  
<https://www.aidacare.com.au/globalassets/knowledge/resources-page/aspire/aspire-metro-wheelchairs-user-manual.pdf>
- Aspire Metro X Self Propelled - Flyer:  
<https://www.aidacare.com.au/globalassets/knowledge/resources-page/aspire/metroX-sp-wheelchair-flyer.pdf>

### Video Library:

- Choosing the Right Wheelchair for You:  
[https://www.youtube.com/watch?v=C3\\_MPfq-1R0](https://www.youtube.com/watch?v=C3_MPfq-1R0)

### Safe Use Guides:

- Guide for Installation & Safe Use - Manual Wheelchairs:  
[https://www.aidacare.com.au/globalassets/knowledge/resources-page/cat-service-user-guides/guides\\_for\\_installation\\_-\\_manual\\_wheelchairs.pdf](https://www.aidacare.com.au/globalassets/knowledge/resources-page/cat-service-user-guides/guides_for_installation_-_manual_wheelchairs.pdf)