



# Recovery Essentials

5 Everyday Aids for Smooth Post-surgery Independence

An all-in-one pack to help your patients remain independent during their recovery with the following dressing, bathing, and reaching aids.



## Long Handled Bath Sponge

Lets users bathe and maintain hygiene comfortably.



## Shoe Horn

Slide on footwear without strain or twisting.



## Dressing Hook / Aid

Assist in pulling clothes, zips, or waistbands into place.



## Sock Aid

Helps users put on socks or stockings without bending.



## Aluminium Reacher

Extends the user's reach to safely pick up dropped items or assist with dressing.



To place an order  
Speak to your Aidacare  
representative



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