



VELARO WALKING STICK

USER MANUAL



Velaro



Velaro Plus

Thank you for choosing the Aspire Velaro Walking Stick.

This user manual contains a description of the product and important guidelines to ensure correct and safe use. Please read this manual carefully before using the walking stick. It is especially important to read the safety requirements and follow these.

Aidacare continuously improves products and reserves the right to change the specifications and functions of products without notice.

If you have any questions, contact your dealer or Aidacare. Contact information is located on the last page of this manual.

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1. INTENDED USE

The Aspire Velaro Walking Stick is specifically designed for individuals who, due to a variety of reasons, require additional support while walking. It should be used as a tool to assist people who have mild to moderate mobility challenges such as balance or lower limb weakness.

The walking stick is intended for indoor use and limited outdoor use on sealed, level terrain (examples include shopping centres, medical centres, flat footpaths and environments with accessibility-focused layouts). Do not use the walking stick for any purpose other than the intended one.

2. PRODUCT DESCRIPTION

The Aspire Velaro Walking Stick is a lightweight, height-adjustable mobility aid designed to assist with balance and reduce load through one lower limb. This product is made of aluminium, making it lightweight and easy to handle. The walking stick features an ergonomic handle, push-button height adjustment mechanism and a non-slip rubber tip to enhance stability during use. The walking stick is intended for single-hand use and partial weight bearing only.

3. SYMBOLS USED IN THIS USER MANUAL

The symbols below are used throughout this user manual and on the product to identify warnings and important information. It is very important for you to read them and understand them completely.



WARNING! Indicates a potentially hazardous condition/situation. Failure to follow designated procedures can cause either personal injury, component damage or malfunction. On the product, this icon is represented as a black symbol on a white triangle with a black border.



ALWAYS follow specified actions. Failure to do so may result in injury or equipment damage. On the product, this icon is represented as a white infinity symbol on a black dot with a white border.



DO NOT! These actions are prohibited. These actions should not be performed at any time or in any circumstances. Performing a prohibited action can cause personal injury and/or equipment damage. On the product, this icon is represented as a white symbol with a black circle and black slash.

4. SYMBOLS USED ON THE PRODUCT

The manufacturer’s sticker shown below is a sample sticker only.



Please note: Stickers are not shown to scale.



Product Code



Safe Working Load



Serial Number



Read User Manual



Manufacturer



Caution



Country of Manufacture



Medical Device

5. WARNINGS



WARNING! This User Manual must be read before using the walking stick. The manufacturer does not take any responsibility for damage and/or injuries caused by failure to follow this manual.



WARNING! The decision to use a walking stick should always be guided by a qualified Health Care Professional.



WARNING! The walking stick must not be used by users with serious difficulty balancing or whose muscle strength is too low to stand and walk safely, even with the extra support of a stick.



WARNING! Ensure the height adjustment button is fully engaged and locked before use.



DO NOT exceed the Safe Working Load (SWL).



DO NOT use the walking stick if the rubber tip is worn, split, or loose.



DO NOT use the walking stick on wet, slippery or uneven surfaces without appropriate caution.



DO NOT modify the walking stick.



WARNING! The walking stick provides partial support only. It is **NOT** designed to support full body weight.



WARNING! The walking stick must remain in vertical contact with the ground during use.

LIMITATIONS FOR USE



DO NOT exceed the Safe Working Load (SWL)

- Ensure the walking stick is adjusted correctly before use
- Use the walking stick only within its intended use
- Use the walking stick only in good working condition
- **DO NOT** stand on the walking stick
- **DO NOT** use in place of a walker or wheelchair if greater support is required



NOTE: Fingers or other body parts can be trapped between the upper and lower shaft during height adjustment. Be extremely careful when adjusting the walking stick.

6. PRODUCT SPECIFICATIONS

	Overall Height	Product Weight	Safe Working Load (SWL)	Material
Velaro	685 - 964mm	0.4kg	136kg	Aluminium
Velaro Plus	730 - 1010mm	0.6kg	136kg	Aluminium

7. INSTRUCTIONS FOR USE

7.1 INITIAL CHECK

- Remove the walking stick from packaging and inspect for visible damage
- Ensure the tip is securely fitted
- Ensure the height adjustment button locks securely into position
- Do not use if any component is damaged or missing. Contact your retailer immediately

7.2 HEIGHT ADJUSTMENT

- Twist to release the locking mechanism at the mid point of the walking stick
- Press and hold the push button
- Adjust the shaft to the required height
- Ensure the push button fully engages into the selected hole
- Twist to tighten the locking mechanism at the mid point of the walking stick
- Check the walking stick is stable before use

Correct height is achieved when the handle aligns with the crease of the wrist while standing upright with arms relaxed at the sides.

Both sections of the shaft must be securely locked before use.

7.3 CORRECT SIDE OF USE

The walking stick should be held on the opposite side of the weaker or affected leg.

Example:

If the right leg is affected, hold the walking stick in the left hand.

This improves balance and assists with weight transfer during walking.

7.4 WALKING WITH THE STICK

- Move the walking stick forward at the same time as the weaker leg
- Place the walking stick firmly on the ground
- Step forward with the stronger leg
- Move slowly and maintain an upright posture

7.5 USING STAIRS

When going up stairs:

- Move the walking stick forward at the same time as the weaker leg
- Place the walking stick firmly on the ground
- Step forward with the stronger leg

When going down stairs:

- Place the walking stick down first
- Step down with the weaker leg
- Then bring the stronger leg down

Always use a handrail where available.

8. CARE, MAINTENANCE & CUSTOMISATION

CLEANING INSTRUCTIONS

- Clean the walking stick regularly with a damp cloth
- Use a mild washing agent and warm water if required
- Dry with a soft cloth



DO NOT use harsh abrasives or bleach-based agents

MAINTENANCE

- Ensure all parts are secure at ALL times
- Check push button locking mechanism regularly
- Replace worn or damaged rubber tips immediately
- Replace any broken or damaged components

CUSTOMISATION

Any modification or alteration to this product is considered a custom change and may affect safety and compliance. Custom modifications are not covered under warranty and will void the warranty.

9. COMPLIANCE

Aspire Velaro Walking Stick are manufactured and independently tested to market-relevant compliance standards.

Labels on the walking stick address compliance requirements. Users should familiarise themselves with these prior to use.

10. WARRANTY

This product comes with a 12-month warranty. Consumable parts such as rubber tips are not covered against normal wear and tear.

If you have any questions, you can contact **Aidacare**.

11. RECYCLING INFORMATION

Aspire Velaro Walking Stick are made from metal and plastic components. The walking stick can be recycled via standard processes in your city of use.

12. MANUFACTURER

If you have any questions, you can contact:



Manufacturer:

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