Thank you for choosing this Aspire walker.

This product has been specifically designed to offer comfort, support and safety. Aspire seat walkers are suitable for indoor and outdoor use and are available in a range of sizes.

It is important that you read this user manual carefully before using your new walker.
# TABLE OF CONTENTS

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## 1. PRODUCT SPECIFICATIONS

### SEAT WALKER DELUXE

<table>
<thead>
<tr>
<th>Overall Height</th>
<th>Overall Length</th>
<th>Overall Width</th>
<th>Seat Depth</th>
<th>Seat Width</th>
<th>Seat Height</th>
<th>Backrest Height</th>
<th>Folded Width</th>
<th>Castor Size</th>
<th>Unit Weight</th>
<th>S.W.L</th>
</tr>
</thead>
<tbody>
<tr>
<td>834 – 989mm</td>
<td>764mm</td>
<td>545mm</td>
<td>305mm</td>
<td>355mm</td>
<td>587mm</td>
<td>836mm</td>
<td>245mm</td>
<td>8”</td>
<td>7kg</td>
<td>130kg</td>
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### SEAT WALKER CLASSIC 8”

<table>
<thead>
<tr>
<th>Overall Height</th>
<th>Overall Length</th>
<th>Overall Width</th>
<th>Seat Depth</th>
<th>Seat Width</th>
<th>Seat Height</th>
<th>Backrest Height</th>
<th>Folded Width</th>
<th>Castor Size</th>
<th>Unit Weight</th>
<th>S.W.L</th>
</tr>
</thead>
<tbody>
<tr>
<td>817 – 972mm</td>
<td>660mm</td>
<td>628mm</td>
<td>305mm</td>
<td>355mm</td>
<td>584mm</td>
<td>815mm</td>
<td>200mm</td>
<td>8”</td>
<td>7kg</td>
<td>130kg</td>
</tr>
</tbody>
</table>

### SEAT WALKER CLASSIC 6”

<table>
<thead>
<tr>
<th>Overall Height</th>
<th>Overall Length</th>
<th>Overall Width</th>
<th>Seat Depth</th>
<th>Seat Width</th>
<th>Seat Height</th>
<th>Backrest Height</th>
<th>Folded Width</th>
<th>Castor Size</th>
<th>Unit Weight</th>
<th>S.W.L</th>
</tr>
</thead>
<tbody>
<tr>
<td>760 – 915mm</td>
<td>624mm</td>
<td>615mm</td>
<td>305mm</td>
<td>355mm</td>
<td>528mm</td>
<td>769mm</td>
<td>200mm</td>
<td>6”</td>
<td>6kg</td>
<td>130kg</td>
</tr>
</tbody>
</table>

### SEAT WALKER MINI

<table>
<thead>
<tr>
<th>Overall Height</th>
<th>Overall Length</th>
<th>Overall Width</th>
<th>Seat Depth</th>
<th>Seat Width</th>
<th>Seat Height</th>
<th>Backrest Height</th>
<th>Folded Width</th>
<th>Castor Size</th>
<th>Unit Weight</th>
<th>S.W.L</th>
</tr>
</thead>
<tbody>
<tr>
<td>743 – 905mm</td>
<td>556mm</td>
<td>615mm</td>
<td>305mm</td>
<td>355mm</td>
<td>490mm</td>
<td>690mm</td>
<td>200mm</td>
<td>6”</td>
<td>6kg</td>
<td>130kg</td>
</tr>
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</table>

### SEAT WALKER XL

<table>
<thead>
<tr>
<th>Overall Height</th>
<th>Overall Length</th>
<th>Overall Width</th>
<th>Seat Depth</th>
<th>Seat Width</th>
<th>Seat Height</th>
<th>Backrest Height</th>
<th>Folded Width</th>
<th>Castor Size</th>
<th>Unit Weight</th>
<th>S.W.L</th>
</tr>
</thead>
<tbody>
<tr>
<td>850 – 982mm</td>
<td>697mm</td>
<td>732mm</td>
<td>340mm</td>
<td>495mm</td>
<td>560mm</td>
<td>850mm</td>
<td>230mm</td>
<td>8”</td>
<td>8kg</td>
<td>180kg</td>
</tr>
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</table>

### SEAT WALKER PUSH DOWN

<table>
<thead>
<tr>
<th>Overall Height</th>
<th>Overall Length</th>
<th>Overall Width</th>
<th>Seat Depth</th>
<th>Seat Width</th>
<th>Seat Height</th>
<th>Backrest Height</th>
<th>Folded Width</th>
<th>Castor Size</th>
<th>Unit Weight</th>
<th>S.W.L</th>
</tr>
</thead>
<tbody>
<tr>
<td>851 – 962mm</td>
<td>656mm</td>
<td>616mm</td>
<td>305mm</td>
<td>355mm</td>
<td>580mm</td>
<td>815mm</td>
<td>255mm</td>
<td>7”</td>
<td>7kg</td>
<td>130kg</td>
</tr>
</tbody>
</table>

### SEAT WALKER TRI-WHEEL

<table>
<thead>
<tr>
<th>Overall Height</th>
<th>Overall Length</th>
<th>Overall Width</th>
<th>Seat Depth</th>
<th>Seat Width</th>
<th>Seat Height</th>
<th>Backrest Height</th>
<th>Folded Width</th>
<th>Castor Size</th>
<th>Unit Weight</th>
<th>S.W.L</th>
</tr>
</thead>
<tbody>
<tr>
<td>800 – 920mm</td>
<td>730mm</td>
<td>645mm</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>275mm</td>
<td>8”</td>
<td>5.5kg</td>
<td>115kg</td>
</tr>
</tbody>
</table>
2. COMPONENTS & FEATURES

**SEAT WALKER DELUXE**
- Rustproof, robust aluminium frame provides durability and stability whilst remaining very light to manoeuvre and transport
- Inline rear castors for increased stepping zone
- Handle height adjusts quickly with hand wheels for optimal sizing
- Anatomically designed, latex-free handles allow comfortable grip especially for users with arthritis
- Ultra-soft hand brakes with palm ball lock effortlessly, offering increased comfort for users with arthritis or wrist/hand joint pain
- Padded seat flips up easily for access to storage bag (supplied) or for folding
- Curved and padded backrest offers comfortable seated support and flips up/removes easily for folding/storage
- Easy folding mechanism facilitates storage and transportation
- Swiveling front castor wheels increase manoeuvrability
- 8” solid, puncture-proof wheels provide increased manoeuvrability over various surfaces
- Available in blue or red
- Easy wipe-clean surfaces

**SEAT WALKER CLASSIC 8”**
- Rustproof, robust aluminium frame provides durability and stability whilst remaining very light to manoeuvre and transport
- Handle height adjusts quickly with hand wheels for optimal sizing
- Anatomically designed, latex-free handles allow comfortable grip especially for users with arthritis
- Ultra-soft hand brakes with palm ball lock effortlessly, offering increased comfort for users with arthritis or wrist/hand joint pain
- Padded seat flips up easily for access to storage bag (supplied) or for folding
- Curved and padded backrest offers comfortable seated support and flips up/removes easily for folding/storage
- Easy folding mechanism facilitates storage and transportation
- Swiveling front castor wheels increase manoeuvrability
- 8” solid, puncture-proof wheels which provide increased manoeuvrability over various surfaces
- Available in blue or red
- Easy wipe-clean surfaces
<table>
<thead>
<tr>
<th><strong>SEAT WALKER CLASSIC 6”</strong></th>
<th><strong>SEAT WALKER MINI</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Rustproof, robust aluminium frame provides durability and stability whilst remaining very light to manoeuvre and transport</td>
<td>Rustproof, robust aluminium frame provides durability and stability whilst remaining very light to manoeuvre and transport</td>
</tr>
<tr>
<td>Handle height adjusts quickly with hand wheels for optimal sizing</td>
<td>Low 490mm seat height to suit lower height/shorter users</td>
</tr>
<tr>
<td>Anatomically designed, latex-free handles allow comfortable grip especially for users with arthritis</td>
<td>Handle height adjusts quickly with hand wheels for optimal sizing</td>
</tr>
<tr>
<td>Ultra-soft hand brakes with palm ball lock effortlessly, offering increased comfort for users with arthritis or wrist/hand joint pain</td>
<td>Anatomically designed, latex-free handles allow comfortable grip especially for users with arthritis</td>
</tr>
<tr>
<td>Padded seat flips up easily for access to storage bag (supplied) or for folding</td>
<td>Ultra-soft hand brakes with palm ball lock effortlessly, offering increased comfort for users with arthritis or wrist/hand joint pain</td>
</tr>
<tr>
<td>Curved and padded backrest offers comfortable seated support and flips up/removes easily for folding/storage</td>
<td>Padded seat flips up easily for access to storage bag (supplied) or for folding</td>
</tr>
<tr>
<td>Easy folding mechanism facilitates storage and transportation</td>
<td>Curved and padded backrest offers comfortable seated support and flips up/removes easily for folding/storage</td>
</tr>
<tr>
<td>Swiveling front castor wheels increase manoeuvrability</td>
<td>Easy folding mechanism facilitates storage and transportation</td>
</tr>
<tr>
<td>6” solid, puncture-proof wheels provide increased manoeuvrability over various surfaces</td>
<td>Swiveling front castor wheels increase manoeuvrability</td>
</tr>
<tr>
<td>Available in blue or red</td>
<td>6” solid, puncture-proof wheels provide increased manoeuvrability over various surfaces</td>
</tr>
<tr>
<td>Easy wipe-clean surfaces</td>
<td>Available in blue or red</td>
</tr>
<tr>
<td>Easy wipe-clean surfaces</td>
<td>Easy wipe-clean surfaces</td>
</tr>
</tbody>
</table>
SEAT WALKER XL

- Rustproof, robust aluminium frame provides durability and stability whilst remaining very light to manoeuvre and transport
- Wide padded seat and increased 180kg safe working load for large users
- Handle height adjusts quickly with hand wheels for optimal sizing
- Anatomically designed, latex-free handles allow comfortable grip especially for users with arthritis
- Ultra-soft hand brakes with palm ball lock effortlessly, offering increased comfort for users with arthritis or wrist/hand joint pain
- Extra large padded seat flips up easily for access to storage bag (supplied) or for folding
- Curved and padded backrest offers comfortable seated support and flips up/removes easily for folding/storage
- Easy folding mechanism facilitates storage and transportation
- Swiveling front castor wheels increase manoeuvrability
- 8” solid, puncture-proof wheels provide increased manoeuvrability over various surfaces
- Available in silver
- Easy wipe-clean surfaces

SEAT WALKER PUSH DOWN

- Rustproof, robust aluminium frame provides durability and stability whilst remaining very light to manoeuvre and transport
- Weight activated brakes ideal for arthritic hands
- Handle height adjusts quickly with hand wheels for optimal sizing
- Anatomically designed, latex-free handles allow comfortable grip especially for users with arthritis
- Padded seat flips up easily for access to storage bag (supplied) or for folding
- Curved and padded backrest offers comfortable seated support and flips up/removes easily for folding/storage
- Easy folding mechanism facilitates storage and transportation
- Swiveling front castor wheels increase manoeuvrability
- 7” solid, puncture-proof wheels provide increased manoeuvrability over various surfaces
- Available in blue or red
- Easy wipe-clean surfaces
## Seat Walker Tri-Wheel

<table>
<thead>
<tr>
<th>Feature</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rustproof, robust aluminium frame provides durability and stability</td>
<td>whilst remaining very light to manoeuvre and transport</td>
</tr>
<tr>
<td>Handle height adjustable</td>
<td>to suit user requirements</td>
</tr>
<tr>
<td>Three-wheel</td>
<td>Ideal of using in confined spaces</td>
</tr>
<tr>
<td>Ultra-soft hand brakes with palm ball lock</td>
<td>effortlessly, offering increased comfort for users with arthritis or wrist / hand joint pain</td>
</tr>
<tr>
<td>Easy folding mechanism</td>
<td>facilitates storage and transportation</td>
</tr>
<tr>
<td>Handbrakes are lockable</td>
<td>for stability while standing</td>
</tr>
<tr>
<td>Strong heavy gauge steel constructions</td>
<td>for support and durability</td>
</tr>
<tr>
<td>Basket, bag and meal tray</td>
<td>provided for storage and ease of travel</td>
</tr>
<tr>
<td>Swivelling front castor wheels</td>
<td>increase manoeuvrability</td>
</tr>
<tr>
<td>Available in red</td>
<td></td>
</tr>
<tr>
<td>Easy wipe-clean surfaces</td>
<td></td>
</tr>
</tbody>
</table>
3. INSTRUCTIONS FOR USE

APPLYING BRAKES

For models with hand brake only

Aspire Seat Walkers feature ultra soft touch brakes - very little force is required to engage the brake lock. Always use the seat walker handles, not brake levers, to support body weight. Ultra soft touch brake levers are not designed for this purpose which may cause damage.

1. Pull the hand brake up towards the palm of your hand creating a fist
2a. Push the hand brake down gently until lock activates. This can be done with as little as 2.5kg of pressure
2b. To release the brake, push the hand piece back towards the grip

For push down models

Apply weight through the handles to force rubber stopper in contact with the ground

SITTING ON THE WALKING FRAME

For models with hand brakes only

1. Ensure the hand brakes have been pushed down until an audible click noise has been heard. This function can also be confirmed visually as the brake handle will remain pushed down (image 2a above)
2. While holding on to the handles (not the brake levers) turn with your back facing the seat and pull the seat walker towards you until it can be felt against the back of your legs
3. Slowly and carefully lower yourself on to the seat
4. Always sit centrally on the seat walker, avoid leaning heavily to either side as this may cause the seat walker to become unstable.
5. NEVER propel yourself with your feet using the seat walker as a transportation device - it is NOT designed for this purpose.
6. NEVER allow another person to push you along in the seat walker whilst seated as it is NOT designed as a transportation device or to serve as a substitute for a wheelchair

For push down models

1. While holding on to the handles (no levers) turn with your back facing the seat and pull the seat walker towards you until it can be felt against the back of your legs
2. Slowly and carefully lower yourself on to the seat. Pushing down on the handles will bring the rubber stoppers in contact with the ground and engage the braking mechanism.
3. Always sit centrally on the seat walker, avoid leaning heavily to either side as this may cause the seat walker to become unstable.

For Tri-Wheel Models

This model of walker is NOT designed for seating, as it’s only purpose is to assist user mobility.
FOLDING AND STORAGE

1. Lift up the padded seat
2. Pull on the handle in the under seat bag, this will cause the A-Frame section to fold
3. Pull up the padded backrest – or alternatively this can be removed using the push buttons on either end of the backrest

BRAKE ADJUSTMENT

1. A tension adjustment nut is located at the point where the brake cable inserts into the brake handle (refer to image 1). There is also a tension adjustment at the other end of the brake cable where it inserts into the brake mechanism near the rear wheel (refer to image 2).
   These adjustment nuts can be used to tighten the cable (if brakes are loose or not working normally) or loosen if brakes are too tight and not allowing the rear wheels to roll freely.
2. Brakes are adjusted to the optimal tension during manufacturing and should not require adjustment when new. Over time as rear wheels wear and reduce in diameter, brakes can and will become loose and may need to be tightened.

ADJUSTING HANDLE HEIGHT

1. Undo hand wheel
2. Reposition handle to appropriate height
3. Reinsert hand wheel and tighten

For XL Model:
1. Undo hand wheel from nut and reposition handle to appropriate height
2. Reinsert hand wheel, add washer and nut then tighten
4. CARE & MAINTENANCE

MAINTENANCE SCHEDULE

<table>
<thead>
<tr>
<th>Weekly</th>
<th>Periodically</th>
<th>Yearly</th>
<th>Serviceable Components</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Check brakes for malfunction</td>
<td>• Check handgrips for wear</td>
<td>• Once a year take your seat walker to an authorised repairer for a full check, clean, service and lubrication of all moving parts</td>
<td>• Wheels</td>
</tr>
<tr>
<td>• Check all wheels and castors for loose bolts &amp; nuts</td>
<td>• Check frame bolts are secure</td>
<td></td>
<td>• Bag</td>
</tr>
<tr>
<td></td>
<td>• Check folding hinge bolts are secure</td>
<td></td>
<td>• Hand grips</td>
</tr>
<tr>
<td></td>
<td>• Check front and rear axle bolts are secure</td>
<td></td>
<td>• Brake Cables</td>
</tr>
<tr>
<td></td>
<td>• Check for wear or cracks</td>
<td></td>
<td>• Seat</td>
</tr>
<tr>
<td></td>
<td>• Check wheels for splitting or damage</td>
<td></td>
<td>• Brake Handles</td>
</tr>
<tr>
<td></td>
<td>• Check seat upholstery for wear and seat base for cracks and that it is secured to frame</td>
<td></td>
<td>• Bearings</td>
</tr>
</tbody>
</table>

5. WARNINGS

1. Safe working load is 130kg (180kg for XL model)
2. Do NOT stand on this product
3. Ensure both push handles are adjusted to the same height
4. Seek advice from a trained health care professional or approved Aspire retailer representative for height adjustment of this product
5. Do NOT use in place of a wheelchair or patient transport device
6. Do NOT attempt to replace the wheels or castors of your seat walker. If they are faulty or require replacement please contact an authorised repairer
7. Ensure that your seat walker is opened fully (folding hinge is straight) before using it
8. Ensure that your fingers are clear from folding hinge when folding
9. For Tri-Wheel Models - This model of walker is NOT designed for seating, as it’s only purpose is to assist user mobility.

6. COMPLIANCE

The Aspire walker range is manufactured to strict quality control standards.

As part of Australian Standards compliance, safety stickers are located on the frame of this walker. Please ensure that you familiarise yourself with these prior to use.

This product complies with Australian Standards ISO11199-2:2005. As the importer of this product, Aidacare maintains records of all testing reports and compliance certificates. All testing was completed by Novitatech.

Novitatech is an independent NATA accredited laboratory and is widely acknowledged as the leading provider of safety testing services for walkers and mobility products in Australia.
7. WARRANTY

Aidacare provides a 12 month warranty subject to reasonable wear and tear. Aidacare is bound by Australian Consumer Law in respect to “Warranty Against Defects” on this product. A copy of the Aidacare “Warranty Against Defects” Statement is available on our homepage (www.aidacare.com.au). Any contact pertaining to warranty matters should be directed to Aidacare Customer Service on 1300 133 120 where support will be provided.

Should any part of the seat walker break, fatigue or show defects due to manufacturing issues or error, Aidacare will replace the affected components free of charge and reserves the right to replace the entire seat walker should this be more economical for Aidacare. All warranties are back to base, which requires the user to return the seat walker or the affected part to an Aidacare Service Centre. For the location of your nearest service centre call 1300 133 120.

For all warranty claims, proof of purchase must be provided by the customer. Aidacare warranty does not cover any product or component damaged or broken due to neglect or misuse. Aidacare does not honor this warranty for any product that has been modified from its original state. Aidacare will bear no freight costs for the return of any items under warranty.

The suggested service period for all seat walkers is every 12 months.

8. SERVICE MAINTENANCE & CUSTOMISATION

To arrange a service or customisation for your walker, please call Aidacare on 1300 133 120.