**Lightweight Cutlery**
Stainless steel utensils are mounted on plastic stems and sealed into washable grey foam handles, for those with weak/painful grip.

**Food Preparation System**
- This durable cutting board is ideal for those who have difficulty in gripping, or only have the use of one hand.
- Suits various food prep cutting tasks.

**Dycem Anchor Pad**
- Enhances grip of numerous household items on tables and benches.
- Dycem is an effective non-slip material that prevents movement between surfaces.

**Can Opener Pull**
- Extremely easy to use, just hook the end under the ring, fold forwards and then roll back.
- Suitable for users either with arthritis or with a weak grip.

**Medi-Butler Off-Doffing Aid**
- This long handled device assists with the removal of compression stockings, socks and normal pantyhose.
- It can also double as a shoehorn.

**Key Turner**
- Holds two keys.
- Increases leverage when turning key.
- Curved, bulky handle for a comfortable grip.

**Pick-Up Reacher**
- Lightweight, robust reacher for those with restricted reach.
- Magnet for small metal objects.
- Rotates 360° to avoid the need to rotate the wrist.

**Good Grips Peelers**
- Easy to use peelers with soft, comfortable non slip grip featuring a precision ground stainless steel blade for a sharper cutting edge.

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1300 133 120
www.aidacare.com.au

**GRIPPING AIDS**

**Lightning Bolt N’ Doffer**
- Soft device that allows you to quickly guide a compression garment up and down your limb.
- Cone acts as a loading device - sold separately or as a set for non slip contoured grip handle and seat belt cutter.

**See our e-catalogue!**
Visit the Aidacare website at www.aidacare.com.au to view our full range.

**AIDACARE BRANCHES**
- Brunswick
- Brunswick East
- Cheltenham
- Ballina
- Geelong
- Acacia Ridge
- Gosford
- Mildura
- Gold Coast
- Toowoomba
- Sunshine Coast
- Seven Hills
- Hobart
- Tamworth
- Launceston
- Albury
- Blacktown

You may also be interested in Aidacare’s other Product Application Guides giving product range information for the following areas:

**Handy Bar**
- Inserts into your vehicle door frame to help support getting out of the car.
- Non slip contoured grip handle and seat belt cutter.

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living with arthritis

Living with arthritis can be uncomfortable and painful. You may experience stiffness, inflammation and damage to the cartilage in your joints resulting in weakness, instability, reduced range of movement and joint deformities. There are over 100 forms of arthritis that can affect people of all ages.

Arthritis can heavily impact on daily function including the most basic of tasks such as preparing meals, walking around the home, driving, tying laces and button up shirts. Fortunately, there is a wide range of equipment available to assist with daily tasks to allow you to maintain an independent lifestyle whilst living with arthritis.

Do you need help with product selection and sizes?

Please contact Aidacare on 1300 133 120.

For therapists please enquire about how else we can help you.

Rental

Did you know that Aidacare offers a comprehensive range of equipment for rent? We’ve got you covered should you need any products for home care and recovery!

Call our friendly staff for short term & long term rental options!

Aidacare Lifecomfort DELUXE Mattress

Features a high quality 3 layer support design with full side memory foam overlay, 2 way waterproof stretch cover, vinyl bottom cover and 3 sided zip.

Aspire SHOWER chair

- Individually treated for corrosion resistance
- Arms for secure transfers
- Fully adjustable seat height and angle
- Easy to clean & assemble

Aspire Bed Pole Grip Handle

- Support pole on the side of the bed, provides assistance to reposition or transfer
- Handle can be placed in 4 different positions

Aspire OVER TOILET Aid

- Individually treated for corrosion resistance
- Assist those who have difficulty lowering themselves onto a standard toilet
- Height adjustable

Aspire VOGUE Indoor Walker

- Lightweight and ergonomic Danish design, Slimline folding allows the folded walker to stand upright on its own.
- Removable tray, cane holder

Aspire TRANSIT 2 Wheelchair

- Swing away and removable arm rests
- Height adjustable, removable foot rests
- Quick release 12” solid rear tyres

Aspire Classic Walker

- Soft hand brakes with palm-ball lock for users with arthritis
- Available in blue or red
- Easy folding mechanism for easy storage and transport

Aspire CLASSIC Walker

- Soft hand brakes with palm-ball lock for users with arthritis
- Provides mild compression enables a secure grip

Walking Stick Palm Grip

- Interconnected air cells promote stability
- Disperse pressure and aid with pressure injury prevention

Pride Pathfinder 130XL Pursuit

- LED Headlight
- Front and rear suspension handle rugged outdoor terrain
- Large 33cm tires for excellent outdoor performance
- Wraparound handles

Lupin Hot/Cold Pack Hand Glove

- Warm in the microwave or chill in the freezer to sooth aches
- Provides mild compression enables a secure grip

Walking Stick Spring Laces 600 mm

- To make putting on shoes easier. They turn lace-up shoes into slip-ons.
- Fasten by wrapping the ends together.

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