**KITCHEN AIDS**

**Jug Kettle Tipper**
A coated wire cradle that holds most styles of jug kettles, and pivots on a raised wire frame by gentle pressure on the handle to assist with pouring.

**Food Preparation System**
- This durable cutting board is ideal for those who have difficulty in gripping, or only have the use of one hand
- Suits various food prep cutting tasks

**Great Grips**
- Soft covers for door knobs that require less effort to grip and twist
- Available in glow in the dark for greater visibility

**Twister Jar Opener**
- A cone shaped rubber implement to give a good grip for opening twist off jar lids
- Suitable for tops 20-85mm diameter

**Can Opener Pull**
- Extremely easy to use, just hook the end under the ring, fold forwards and then roll back
- Suitable for users either with arthritis or with a weak grip

**Multi Purpose Holder**
- Comfortable, easily adjustable hand strap that provides a secure grasp on a variety of handles

**Dycem Anchor Pad**
- Enhances grip of numerous household items on tables and benches
- Dycem is an effective non-slip material that prevents movement between surfaces

**Supergrip Cutlery**
- Comfortable, wide, built-up ribbed handled utensil set
- Ideal for users with limited hand function
- Stainless steel, dishwasher safe

**Arthritis Gloves**
- Relief for aches & stiffness
- Provides mild compression for warmth & helps increase circulation & promote healing
- Open fingertips allow full freedom to touch and grip

**Pick-Up Reacher**
- Lightweight, robust reacher for those with restricted reach
- Magnet for small metal objects
- Rotates 360° to avoid the need to rotate the wrist

**GRIPPING AIDS**

**Key Turner**
- Holds two keys
- Increases leverage when turning key
- Curved, bulky handle for a comfortable grip

**Great Grips**
- Soft covers for door knobs that require less effort to grip and twist
- Available in glow in the dark for greater visibility

**Twister Jar Opener**
- A cone shaped rubber implement to give a good grip for opening twist off jar lids
- Suitable for tops 20-85mm diameter

**Can Opener Pull**
- Extremely easy to use, just hook the end under the ring, fold forwards and then roll back
- Suitable for users either with arthritis or with a weak grip

**Multi Purpose Holder**
- Comfortable, easily adjustable hand strap that provides a secure grasp on a variety of handles

**Dycem Anchor Pad**
- Enhances grip of numerous household items on tables and benches
- Dycem is an effective non-slip material that prevents movement between surfaces

**Supergrip Cutlery**
- Comfortable, wide, built-up ribbed handled utensil set
- Ideal for users with limited hand function
- Stainless steel, dishwasher safe

**Arthritis Gloves**
- Relief for aches & stiffness
- Provides mild compression for warmth & helps increase circulation & promote healing
- Open fingertips allow full freedom to touch and grip

**Pick-Up Reacher**
- Lightweight, robust reacher for those with restricted reach
- Magnet for small metal objects
- Rotates 360° to avoid the need to rotate the wrist

**OTHER GUIDES**
You may also be interested in Aidacare’s other Product Application Guides giving product range information for the following areas:

**PRODUCT APPLICATION GUIDE**

“Aidacare are a DVA contractor. Ask us about DVA funded products.”

**SALES • HIRE • SERVICE**
www.aidacare.com.au
living with arthritis

Living with Arthritis can be uncomfortable and painful. You may experience stiffness, inflammation and damage to the cartilage in your joints resulting in weakness, instability, reduced range of movement and joint deformities.

There are over 100 forms of arthritis that can affect people of all ages.

Arthritis can heavily impact on daily function including the most basic of tasks such as preparing meals, walking around the home, driving, tying laces and button up shirts.

Fortunately, there is a wide range of equipment available to assist with daily tasks to allow you to maintain an independent lifestyle whilst living with arthritis.

Do you need help with product selection and sizes? Please contact Aidacare on 1300 133 120.

For Therapet Solutions please enquire about how else we can help you.

BATHROOM & BEDROOM

Aspire SHOWER chair
- Individually treated for corrosion resistance
- Arms for secure transfers
- Fully adjustable seat height
- Easy to clean & assemble

Aspire OVER TOILET AID
- Individually treated for corrosion resistance
- Assist those who have difficulty lowering themselves onto a standard toilet
- Height adjustable

Aspire SIGNATURE Chair
- Recline & tilt functions for comfort and to aid in standing
- Independent leg elevation
- Depth adjustable seat
- Folds flat for easy transportation and storage

Aluminium Walking Frame Folding
- Lightweight walking frame, ideal for indoor use
- Bends to any shape to make reaching easier

BATHING & DRESSING AIDS

Lupin Hot/Cold Pack
- Warm in the microwave or chill in the freezer to sooth aches
- Bends to any shape to make reaching easier

Aspire CLASSIC Walker
- Soft hand brakes with palm-ball lock for users with arthritis
- Available in blue or red
- Easy folding mechanism for outdoor use

Aspire PUSH DOWN Walker
- Push down breaking system for those suffering weakening of the hands
- 7” castor wheels ideal for outdoor use

BATHROOM & BEDROOM

Aspire OVER TOILET AID
- Individually treated for corrosion resistance
- Assist those who have difficulty lowering themselves onto a standard toilet
- Height adjustable

Aspire SIGNATURE Chair
- Recline & tilt functions for comfort and to aid in standing
- Independent leg elevation
- Depth adjustable seat
- Folds flat for easy transportation and storage

Aluminium Walking Frame Folding
- Lightweight walking frame, ideal for indoor use
- Bends to any shape to make reaching easier

BATHING & DRESSING AIDS

Lupin Hot/Cold Pack
- Warm in the microwave or chill in the freezer to sooth aches
- Bends to any shape to make reaching easier

Aspire CLASSIC Walker
- Soft hand brakes with palm-ball lock for users with arthritis
- Available in blue or red
- Easy folding mechanism for outdoor use

Aspire PUSH DOWN Walker
- Push down breaking system for those suffering weakening of the hands
- 7” castor wheels ideal for outdoor use

BATHROOM & BEDROOM

Aspire OVER TOILET AID
- Individually treated for corrosion resistance
- Assist those who have difficulty lowering themselves onto a standard toilet
- Height adjustable

Aspire SIGNATURE Chair
- Recline & tilt functions for comfort and to aid in standing
- Independent leg elevation
- Depth adjustable seat
- Folds flat for easy transportation and storage

Aluminium Walking Frame Folding
- Lightweight walking frame, ideal for indoor use
- Bends to any shape to make reaching easier

BATHING & DRESSING AIDS

Lupin Hot/Cold Pack
- Warm in the microwave or chill in the freezer to sooth aches
- Bends to any shape to make reaching easier

Aspire CLASSIC Walker
- Soft hand brakes with palm-ball lock for users with arthritis
- Available in blue or red
- Easy folding mechanism for outdoor use

Aspire PUSH DOWN Walker
- Push down breaking system for those suffering weakening of the hands
- 7” castor wheels ideal for outdoor use

BATHROOM & BEDROOM

Aspire OVER TOILET AID
- Individually treated for corrosion resistance
- Assist those who have difficulty lowering themselves onto a standard toilet
- Height adjustable

Aspire SIGNATURE Chair
- Recline & tilt functions for comfort and to aid in standing
- Independent leg elevation
- Depth adjustable seat
- Folds flat for easy transportation and storage

Aluminium Walking Frame Folding
- Lightweight walking frame, ideal for indoor use
- Bends to any shape to make reaching easier

BATHING & DRESSING AIDS

Lupin Hot/Cold Pack
- Warm in the microwave or chill in the freezer to sooth aches
- Bends to any shape to make reaching easier

Aspire CLASSIC Walker
- Soft hand brakes with palm-ball lock for users with arthritis
- Available in blue or red
- Easy folding mechanism for outdoor use

Aspire PUSH DOWN Walker
- Push down breaking system for those suffering weakening of the hands
- 7” castor wheels ideal for outdoor use

BATHROOM & BEDROOM

Aspire OVER TOILET AID
- Individually treated for corrosion resistance
- Assist those who have difficulty lowering themselves onto a standard toilet
- Height adjustable

Aspire SIGNATURE Chair
- Recline & tilt functions for comfort and to aid in standing
- Independent leg elevation
- Depth adjustable seat
- Folds flat for easy transportation and storage

Aluminium Walking Frame Folding
- Lightweight walking frame, ideal for indoor use
- Bends to any shape to make reaching easier

BATHING & DRESSING AIDS

Lupin Hot/Cold Pack
- Warm in the microwave or chill in the freezer to sooth aches
- Bends to any shape to make reaching easier

Aspire CLASSIC Walker
- Soft hand brakes with palm-ball lock for users with arthritis
- Available in blue or red
- Easy folding mechanism for outdoor use

Aspire PUSH DOWN Walker
- Push down breaking system for those suffering weakening of the hands
- 7” castor wheels ideal for outdoor use

BATHROOM & BEDROOM

Aspire OVER TOILET AID
- Individually treated for corrosion resistance
- Assist those who have difficulty lowering themselves onto a standard toilet
- Height adjustable

Aspire SIGNATURE Chair
- Recline & tilt functions for comfort and to aid in standing
- Independent leg elevation
- Depth adjustable seat
- Folds flat for easy transportation and storage

Aluminium Walking Frame Folding
- Lightweight walking frame, ideal for indoor use
- Bends to any shape to make reaching easier

BATHING & DRESSING AIDS

Lupin Hot/Cold Pack
- Warm in the microwave or chill in the freezer to sooth aches
- Bends to any shape to make reaching easier

Aspire CLASSIC Walker
- Soft hand brakes with palm-ball lock for users with arthritis
- Available in blue or red
- Easy folding mechanism for outdoor use

Aspire PUSH DOWN Walker
- Push down breaking system for those suffering weakening of the hands
- 7” castor wheels ideal for outdoor use

BATHROOM & BEDROOM

Aspire OVER TOILET AID
- Individually treated for corrosion resistance
- Assist those who have difficulty lowering themselves onto a standard toilet
- Height adjustable

Aspire SIGNATURE Chair
- Recline & tilt functions for comfort and to aid in standing
- Independent leg elevation
- Depth adjustable seat
- Folds flat for easy transportation and storage

Aluminium Walking Frame Folding
- Lightweight walking frame, ideal for indoor use
- Bends to any shape to make reaching easier

BATHING & DRESSING AIDS

Lupin Hot/Cold Pack
- Warm in the microwave or chill in the freezer to sooth aches
- Bends to any shape to make reaching easier

Aspire CLASSIC Walker
- Soft hand brakes with palm-ball lock for users with arthritis
- Available in blue or red
- Easy folding mechanism for outdoor use

Aspire PUSH DOWN Walker
- Push down breaking system for those suffering weakening of the hands
- 7” castor wheels ideal for outdoor use

BATHROOM & BEDROOM

Aspire OVER TOILET AID
- Individually treated for corrosion resistance
- Assist those who have difficulty lowering themselves onto a standard toilet
- Height adjustable

Aspire SIGNATURE Chair
- Recline & tilt functions for comfort and to aid in standing
- Independent leg elevation
- Depth adjustable seat
- Folds flat for easy transportation and storage

Aluminium Walking Frame Folding
- Lightweight walking frame, ideal for indoor use
- Bends to any shape to make reaching easier

BATHING & DRESSING AIDS

Lupin Hot/Cold Pack
- Warm in the microwave or chill in the freezer to sooth aches
- Bends to any shape to make reaching easier

Aspire CLASSIC Walker
- Soft hand brakes with palm-ball lock for users with arthritis
- Available in blue or red
- Easy folding mechanism for outdoor use

Aspire PUSH DOWN Walker
- Push down breaking system for those suffering weakening of the hands
- 7” castor wheels ideal for outdoor use

BATHROOM & BEDROOM

Aspire OVER TOILET AID
- Individually treated for corrosion resistance
- Assist those who have difficulty lowering themselves onto a standard toilet
- Height adjustable

Aspire SIGNATURE Chair
- Recline & tilt functions for comfort and to aid in standing
- Independent leg elevation
- Depth adjustable seat
- Folds flat for easy transportation and storage

Aluminium Walking Frame Folding
- Lightweight walking frame, ideal for indoor use
- Bends to any shape to make reaching easier

BATHING & DRESSING AIDS

Lupin Hot/Cold Pack
- Warm in the microwave or chill in the freezer to sooth aches
- Bends to any shape to make reaching easier

Aspire CLASSIC Walker
- Soft hand brakes with palm-ball lock for users with arthritis
- Available in blue or red
- Easy folding mechanism for outdoor use

Aspire PUSH DOWN Walker
- Push down breaking system for those suffering weakening of the hands
- 7” castor wheels ideal for outdoor use