

MobilityHQ

SUPERLITE WALKER

USER MANUAL



Thank you for choosing the
MobilityHQ Superlite Seat Walker

This user manual contains a description of the product and important guidelines to ensure correct and safe use. Please read this manual carefully before using the walker. It is especially important to read the safety requirements and follow these.

Aidacare continuously improves products and reserves the right to change the specifications and functions of products without notice.

If you have any questions, contact your dealer or Aidacare. Contact information is located on the last page of this manual.

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1. INTENDED USE

The Superlite Walker is designed to help people with reduced mobility move more safely and comfortably. It can be used for walking support and offers a seat for rest when needed. This walker is intended for indoor and occasional outdoor use on flat, level surfaces.

Maximum user weight: 100 kg.

2. PRODUCT DESCRIPTION

The Superlite is a 4-wheeled aluminium walker. It includes a foldable seat and backrest, swivel front wheels, and rear wheels with loop-style handbrakes. The handles can be adjusted to suit different user heights. The walker folds for easy storage or transport.

3. SYMBOLS IN THIS MANUAL

The symbols below are used throughout this user manual and on the product to identify warnings and important information. It is very important for you to read them and understand them completely.



WARNING

WARNING! Indicates a potentially hazardous condition/situation. Failure to follow designated procedures can cause either personal injury, component damage or malfunction. On the product, this icon is represented as a black symbol on a white triangle with a black border.



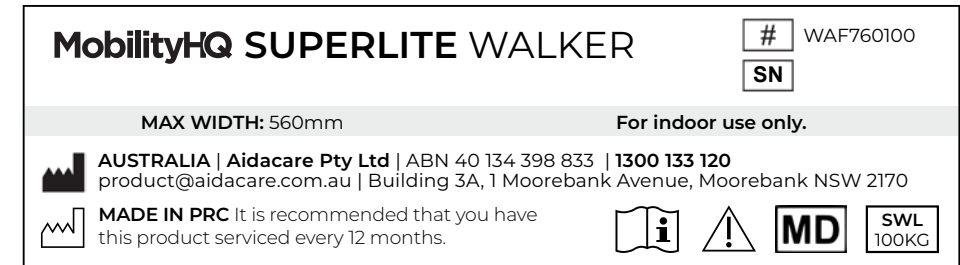
ALWAYS follow specified actions. Failure to do so may result in injury or equipment damage. On the product, this icon is represented as a white infinity symbol on a black dot with a white border.



DO NOT! These actions are prohibited. These actions should not be performed at any time or in any circumstances. Performing a prohibited action can cause personal injury and/or equipment damage. On the product, this icon is represented as a white symbol with a black circle and black slash.

4. SYMBOLS ON THE PRODUCT

The manufacturer's sticker shown below is a sample sticker only.



Please note: Stickers are not shown to scale.



Product Code



Safe Working Load



Serial Number



Read User Manual



Manufacturer



Caution



Importer



Medical Device

5. WARNINGS



WARNING

WARNING! This User Manual must be read before using the walker. The manufacturer does not take any responsibility for damage and/or injuries caused by failure to follow the User Manual.



WARNING

WARNING! The walker must not be used by individuals with serious difficulty balancing or muscle weakness that prevents standing or walking, even with support.



WARNING

WARNING! Use of a walker should be guided by a qualified Health Care Professional who can assist with appropriate height adjustment and usage.



WARNING

WARNING! After unfolding or assembling the walker, ensure the seat is locked and the frame is stable.



WARNING

WARNING! Always test accessories to ensure they are properly and safely locked in place **BEFORE** use.



WARNING

WARNING! Ignoring these warnings may result in personal injury.



WARNING

WARNING! Both handles must be adjusted to the same height.



WARNING

WARNING! Seek advice from a qualified health professional for the appropriate handle height.



WARNING

WARNING! Always engage the brakes when the walker is not in use.



WARNING

WARNING! NEVER leave the walker unattended on a slope without the brakes engaged.



WARNING

WARNING! Do not push the rollator when the parking brakes are partially engaged — this causes wear, impairs tyres, and brakes.



WARNING

WARNING! When stationary, the handbrakes **MUST** always be locked.



WARNING

WARNING! The backrest is for basic support while seated. It is **NOT** designed for full body support. Refer to the seating guide.



WARNING: ALWAYS sit centrally on the walker. Avoid leaning heavily in any direction to prevent tipping.



WARNING! DO NOT sit (partly) above the shopping bag.



WARNING! ALWAYS sit upright when resting your hands on the push handles.



WARNING

WARNING! NEVER self-propel with your feet while seated. The walker is NOT designed as a transport device.



WARNING

WARNING! NEVER allow another person to push you while seated. The walker is NOT a substitute for a wheelchair.



WARNING

WARNING! Metal parts may become hot if left in direct sunlight or near a heat source.



WARNING! DO NOT exceed the safe working load of the Superlite Walker.

Safe Working Load (SWL)



LIMITATIONS FOR USE



This walker is designed for use on flat-level surfaces. If encountering sloped or uneven terrain, an alternative route should be sought.

- This walker is not designed to be foot-propelled while seated
- Ensure the walker is opened fully before use
- The brakes **MUST** be in the locked position **BEFORE** sitting on the seat
- Use the walker only within its Intended Use
- Use the walker only in good working condition
- **DO NOT** modify the walker
- **DO NOT** stand on the walker
- **DO NOT** use in place of a wheelchair or patient transport device

All wheels **MUST** be in contact with the ground at **ALL TIMES** during use.



NOTE: Fingers or other body parts can be trapped between the walker's parts during folding, unfolding, or adjustment. Be extremely careful when adjusting the walker. Observe the dimensions of gaps between the walker's elements to avoid trapping your fingers or other body parts.

6. PRODUCT SPECIFICATIONS

Feature	Specification
Total Width	560mm
Handle Height Range	800–960mm
Seat Height	480–530mm
Width Between Handles	430mm
Overall Length	610mm
Wheel Size	150mm
Total Weight	7.0kg
Safe Working Load	100kg

All measurements are in millimetres unless otherwise specified.

7. LIST OF COMPONENTS

The Superlite Walker is delivered folded in a box for easy transport. The box contains one fully folded Superlite Walker and a User Manual.

1	Height-adjustable push handles
2	Loop-style handbrakes
3	Foldable padded seat
4	Folding backrest
5	Swivel front wheels
6	Fixed rear wheels with brakes
7	Basket under seat
8	Folding aluminium frame



8. INSTRUCTIONS FOR USE

8.1 BEFORE FIRST USE

- Check all parts are included and not damaged
- Make sure all adjustments are tight and secure

8.2 OPENING THE WALKER

- Pull down on the seat and frame until fully open
- Check the seat rests securely on the frame crossbars

8.3 FOLDING AND STORAGE

1. Lift up the padded seat
2. Pull on the handle in the under seat bag, this will cause the A-Frame section to fold
3. Pull up the padded backrest – or alternatively this can be removed using the push buttons on either end of the backrest



8.4 ADJUSTING HANDLE HEIGHT

1. Undo hand wheel
2. Reposition handle to appropriate height
3. Reinsert hand wheel and tighten



8.5 USING THE BRAKES

The ultra soft touch brakes — very little force is required to engage the brake lock.



WARNING

Always use the seat walker handles — not the brake levers — to support body weight.

Ultra soft touch brake levers are not designed for this purpose and may become damaged if used incorrectly.

BRAKE OPERATION

1. Engage the brake

Pull the handbrake up towards the palm of your hand, forming a fist.

2a. Lock the brake

Push the handbrake down gently until the lock activates.

– Requires as little as 2.5 kg of pressure.

2b. Release the brake

Push the hand piece back towards the grip.



WARNING

WARNING! The rollator must not be driven or pushed with force when the parking brakes are on or when the wheels are partly locked using the brakes. This is considered incorrect use, which may lead to:

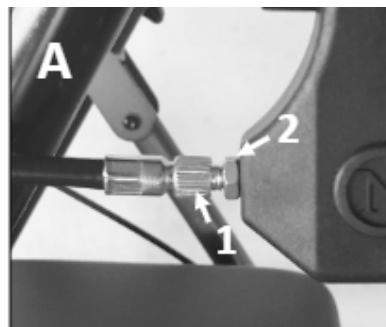
- Increased wear and tear
- Damage to tyres
- Reduced brake performance

BRAKE-PRESSURE ADJUSTMENT

The brake can be adjusted either at the handle **A** or in the middle of the brake cable **B**.

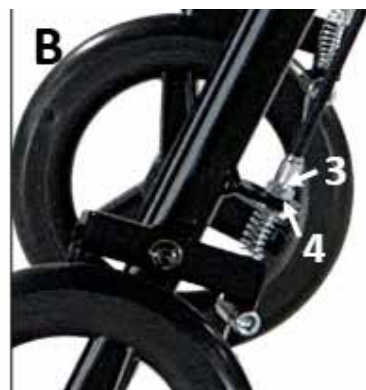
ADJUSTMENT A (Handle)

You can regulate the pressure needed to brake by turning the nut marked **(1)** while holding the hexagonal nut **(2)** located right next to it. Turning the marked nut **counterclockwise** increases the pressure required to brake.



ADJUSTMENT B (Wheels)

Above the wheels is a similar system that allows you to tighten or loosen the brake. Turn the nut **(3)** in the desired direction to either tighten or loosen the brake, while holding the nut **(4)** in place.



Important notes:

Brake adjustment must only be performed by **qualified personnel**. Brakes adjusted to operate with only light pressure will be **less effective when stopping the rollator with weight on it**.

8.6 SITTING ON THE WALKER

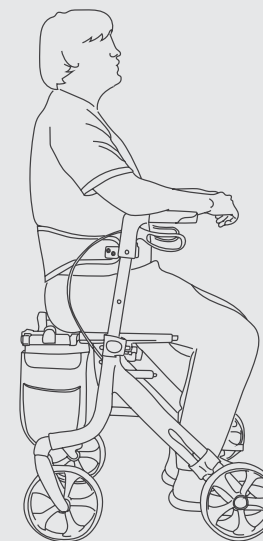
1. Ensure the handbrakes have been pushed down until an audible click noise has been heard. This function can also be confirmed visually as the brake handle will remain pushed down (image 2a on previous page).
2. While holding on to the handles (not the brake levers) turn with your back facing the seat and pull the seat walker towards you until it can be felt against the back of your legs.
3. Slowly and carefully lower yourself on to the seat.
4. Always sit centrally on the seat walker, avoid leaning heavily to either side as this may cause the seat walker to become unstable.
5. **NEVER** propel yourself with your feet using the seat walker as a transportation device – it is **NOT** designed for this purpose.
6. **NEVER** allow another person to push you along in the seat walker whilst seated as it is **NOT** designed as a transportation device or to serve as a substitute for a wheelchair.

CORRECT SEATING GUIDE



WARNING

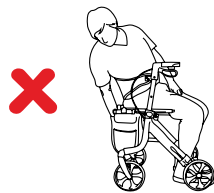
WARNING: The backrest is intended to provide **back support only while seated**. It is **NOT** designed to support **full body weight**.



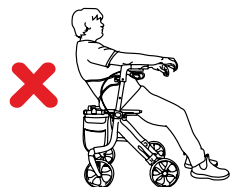
UNSAFE PRACTICES — AVOID THE FOLLOWING:



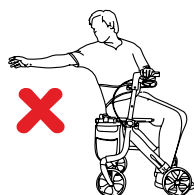
DO NOT sit on backrest.



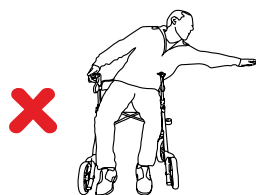
DO NOT reach into bag while seated.



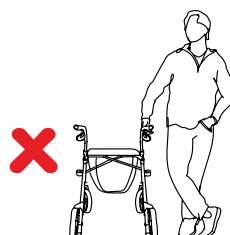
DO NOT slouch on backrest.



DO NOT reach or lean backwards while seated.



DO NOT reach or lean sideways while seated.



DO NOT lean on one side of the walker as a support aid.

ADDITIONAL WARNINGS:



WARNING

WARNING! Do not reach or lean outside the frame and base of support. Reaching or leaning for objects shifts your centre of mass and may cause the walker to **tip over**. This applies to **any direction** beyond the perimeter of the walker.



WARNING

WARNING! Seat walkers are not designed to be used as standing aids (e.g., rising from a chair or bed). Always **push up from the surface** you are sitting on. **DO NOT** use the walker to pull yourself into a standing position.

NOTE: The walker shown is for illustrative purposes only. Actual product may vary.

9. CLEANING AND MAINTENANCE GUIDE

CLEANING INSTRUCTIONS:

- Wipe the walker regularly with a damp cloth.
- Use a mild washing agent and warm water to remove excess dirt.
- **DO NOT** use harsh abrasives or bleach-based products — they may damage or discolour the walker.
- Dry thoroughly with a soft cloth.

WHEELS:

- Clean using a mild washing agent and warm water.
- Remove hair or dirt from the axles.
- Lubricate periodically with multi-purpose oil, or if wheels begin to squeak.

GENERAL MAINTENANCE:

- Check that all parts of the walker are secure at all times.
- Tighten any loose screws if needed.
- Immediately replace any broken, damaged, or worn items.

MAINTENANCE SCHEDULE

Frequency	Actions
Weekly	<ul style="list-style-type: none"> • Check brake function • Ensure wheels are secure • Inspect nuts, bolts, and hinges for correct fastening and function
Periodically	<ul style="list-style-type: none"> • Inspect hand grips for wear • Ensure all frame and hinge bolts are secure • Check front and rear axle bolts • Examine for wear, cracks, wheel splits, or damage • Check seat upholstery and base for damage and attachment
Yearly	<ul style="list-style-type: none"> • Have the walker professionally serviced for full inspection, cleaning, lubrication, and function check
Serviceable Components	<ul style="list-style-type: none"> • Wheels • Brake Cables • Bearings • Bag • Seat • Nuts and Bolts • Hand grips • Brake Handles

CUSTOMISATION

All walker customisation, modification, and or alterations made to this product are considered as “custom” changes. Modifications may affect the product's safety standards and should be carefully considered before making changes.

Custom modifications are not covered by Aidacare's warranty and will void the warranty.

10. COMPLIANCE

Labels on the walkers address compliance requirements and users should familiarise themselves with these prior to use.

11. WARRANTY

This product includes a 12-month warranty from the date of purchase. Normal wear and tear (such as tyres or rubber tips) is not covered. For warranty claims, contact your distributor.

12. RECYCLING INFORMATION

MobilityHQ walkers are made from metal and plastic components. The walker can be recycled via standard processes in your city of use.

13. MANUFACTURER

If you have any questions, you can contact:



Manufacturer:

Aidacare Pty Ltd ABN 40 134 398 833

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Moorebank NSW 2170 Australia

1300 133 120 | product@aidacare.com.au

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