

# MobilityHQ

## SHOWER CHAIR

USER MANUAL



## INTENDED USE

This shower chair is designed to assist users who need support while bathing. It is particularly useful for:

- Older adults
- People with arthritis or back problems
- Anyone who finds it difficult to stand for long periods

The seat is moulded for comfort and safety, with a textured surface and drain holes that allow water to drain freely. This helps reduce the risk of slipping or falling during showering or bathing.

## PRECAUTIONS

- Before use, please read all instructions carefully and ensure the chair is assembled correctly.
- Inspect all parts for shipping damage before assembly.
- Do not use the chair if any parts are damaged or missing.
- Ensure the height adjustment spring pins are fully protruding through the same corresponding hole on each leg extension. This ensures the legs are securely locked and the chair remains level.
- Tighten all thumb screws securely before use.
- Check the rubber tips on each leg for wear, tearing, or signs of damage.
- Replace any damaged or missing tips immediately. All four legs must be in contact with the floor at all times to maintain stability. When used in a bath or shower, ensure that the rubber tips are not pressed against the sides of the bath or walls.
- Do not stand on the chair.
- Before each use, check for overall stability. Ensure all spring-pins are properly engaged and the legs are adjusted to the same height. Place the shower chair on a level surface.
- Periodically recheck all screws and connections to ensure they remain secure.
- Max user weight must NOT exceed 136kg at any time.

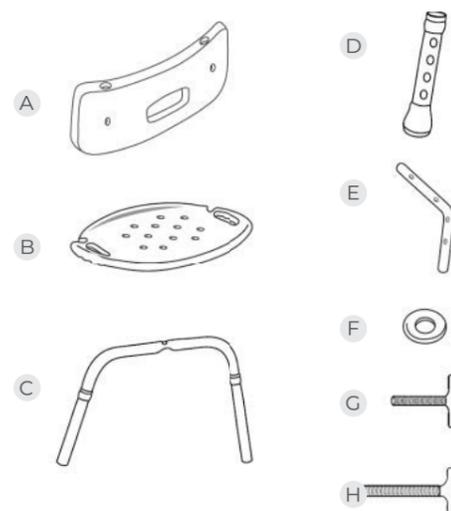
## MAINTENANCE

- Ensure shower chair is stored in a dry area with air flow or dried after each use.
- Clean the chair regularly using a damp cloth and mild detergent.
- Avoid abrasive cleaners or bleach, which may damage the surface.
- Dry with a soft cloth after cleaning.
- Remove any hair or debris from around the leg joints or rubber tips.
- Periodically inspect all parts:

- Check that all screws are tight
- Inspect rubber tips for wear
- Ensure spring-pins are functioning

## PARTS LIST

- A 1 x Backrest
- B 1 x Moulded seat
- C 2 x U-shaped support bars (labelled '1' and '2')
- D 4 x Adjustable leg extensions
- E 2 x L-shaped backrest support bars
- F 9 x Washers
- G 5 x Medium screws
- H 4 x Long screws



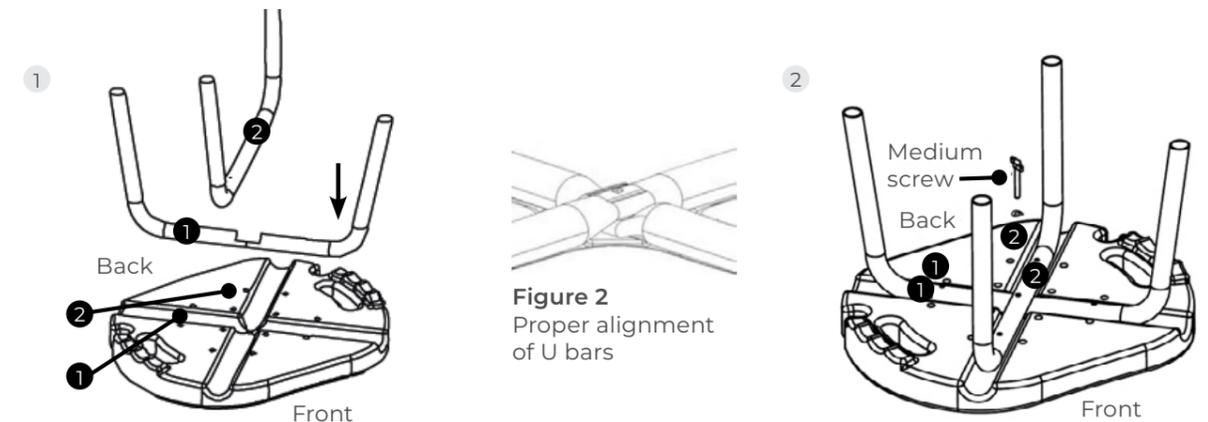
## ASSEMBLY INSTRUCTIONS

- 1 Place the seat face-down on a table or flat surface. The front edge (no notches) should be closest to you. The back edge (with notches) should be furthest away. Insert U bar labelled 'A' into the groove running from the back left corner to the front right corner of the seat. Then place U bar labelled '2' into the remaining groove, so that it sits on top of bar '1'.

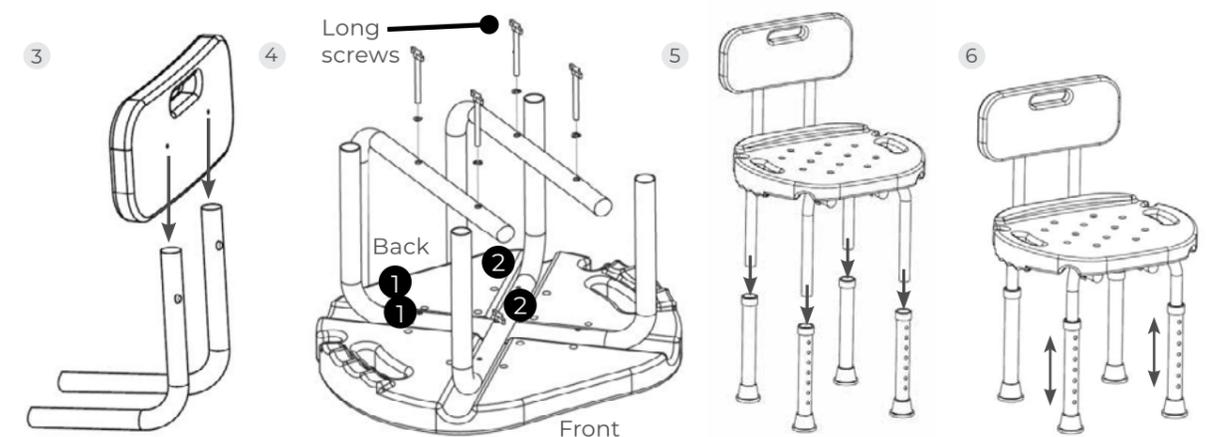
**Note:** When installed correctly, both U bars will align at the centre beneath the seat, see **Figure 2**.

- 2 Use one medium-sized screw and washer to secure the U bars in the middle hole.

**Important:** Tighten the screw halfway to engage the thread receiver on the seat; do not fasten it in place yet.



- 3 Attach the backrest to both L-shaped support bars. Align the long screws with the predrilled holes in the backrest and secure them.
- 4 Place each L-shaped support bar over the U bars so the holes align. Insert the remaining large screws and washers through the L bars into the seat. Repeat for the second L bar.
- 5 Tighten all four long screws, then go back and tighten the central medium screw fully. Attach the four leg extensions:
  - Depress the push-pin on each leg.
  - Slide each leg onto the base and adjust the height until the pin pops through the hole securely.
  - Repeat for all legs and ensure they are all adjusted to the same height.
- 6 To adjust each leg to the required height, ensure all four legs are set to the same level:
  - Lock each leg into place by aligning the spring-pins into the appropriate holes.
  - Confirm that the legs are securely locked by gently pushing down or pulling up on them.



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